

# Corn

## *Emotional Detachment – Long-Term Planning*



- ☒ Corn essence cleanses the emotional body, bringing emotional detachment.
- ☒ It doesn't make us uncaring; it just enables us to disentangle from emotional issues so that we can see the situation more clearly and better accept what we're experiencing.
- ☒ It also makes it easier for us to accept both the masculine and feminine sides of ourselves, which helps decision-making.
- ☒ It helps if we are spending time in situations where we have little personal space.
- ☒ If we're having difficulty paying bills this essence helps calm us so that we can deal with things sensibly.
- ☒ It's a valuable support when making long-term commitments such as buying property or signing contracts.
- ☒ Corn helps deepen our spiritual connection to the Earth.
- ☒ It's excellent if we're on edge, spacing out or having difficulty concentrating.
- ☒ It's helpful when we have a tendency to fixate or or are overly focussed on one thing.
- ☒ It helps bad dreams, as it strengthens the astral body and brings emotional balance to the solar plexus chakra.

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Finding Perspective blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#findingperspective>

**This essence is part of the Spirit of Transformation Stability, Clarity and Protection blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#stability>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

Crystal Herbs: [http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT\\_ID=81](http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81)

and the Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>.

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.