



## **Emerald**

*Positive Partnership - Regeneration and Recovery  
Patience, Affection and Integrity*



Affirmation: *'I listen attentively to my inner guidance and act on it with patience, integrity and a clear sense of priorities. I enjoy friendship, closeness and co-operation.'*

**This essence is in the Spirit of Transformation blend:**

**Be Present:** <http://bit.ly/18XmF3n>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

**Channeled Personal Attunements:** <http://bit.ly/XBzFsP>

**With acknowledgement and thanks to Crystal Herbs where you can order this as a single essence:**

[https://shop.crystalherbs.com/Gem--Crystal-Essences/Emerald\\_\\_p-82-671.aspx?af=13071](https://shop.crystalherbs.com/Gem--Crystal-Essences/Emerald__p-82-671.aspx?af=13071)

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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