

Grape

*Releases Anger, Jealousy, Fear and Conflict
Brings Forgiveness, Peace and Co-Operation*



- ☒ This essence opens your heart chakra, enabling you to forgive both yourself and others.
- ☒ In situations and groups where there has been conflict, it encourages cooperation.
- ☒ It's very useful for bringing troubled relationships into harmony.
- ☒ It helps transmute feelings of rage, envy or anxiety, bringing serenity and reassurance.
- ☒ It helps if we're feeling victimised or hard done by.
- ☒ Useful Affirmation: *'I let go of envious, angry or fearful feelings. I love and forgive myself. It's safe to love.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order an attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Karmic Forgiveness blend:

<http://www.spiritoftransformation.com/karmicessences1.htm#karmicforgiveness>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to: Morningstar Essences: <http://morningstar.netfirms.com/fruit.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.