



Halite

*Courage and Inspiration in Self-Expression
For Calm, Positive Action*



Affirmation: *'I release strong, uncomfortable emotions. I feel positive, calm, present and in the flow. I move into creative, inspired action. I soften into love.'*

This essence is in the Spirit of Transformation blend:

Feet Chakras: <http://bit.ly/HEeUnq>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

Channeled Personal Attunements: <http://bit.ly/XBzFsP>

With acknowledgement and thanks to Crystal Herbs: <http://bit.ly/18VJ1Uo>
where you may be able to order this as a single essence

Photo reproduced courtesy of Joe. Please click the link for the original photo & terms of copyright:
<http://www.flickr.com/photos/orbitaljoe/108074298/>

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

Please note, no part of information this may be copied or reproduced without prior written permission.