Heartease Viola

Soothing Heartbreak Gently Releasing Feelings of Loss and Abandonment



- This essence releases pain from the heart chakra.
- ☑ It is a very soothing and gentle essence.
- It's an excellent essence for issues of loss and abandonment.
- Useful Affirmation: 'I release past hurts, knowing I was always loved and always will be'.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: http://www.spiritoftransformation.com/Attunements.htm

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Morningstar Essences: http://morningstar.netfirms.com/flowerviola.html

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.