

# Himalayan Poppy

## *Developing Our Soul Gifts*

### *Fulfilling Our Purpose and Our Spiritual Heritage*



- ☒ This essence helps us connect with our soul gifts and our spiritual heritage, both ancestral and past life, particularly if we followed specific paths of spiritual initiations which remain in our cellular memory.
- ☒ It lends us strength and healing to support us on our path.
- ☒ It connects us to our purpose, our truth and our core values and asks us to become dedicated spiritual warriors.
- ☒ It helps us deepen our experience of meditation to gain greater insights and to develop our psychic skills.
- ☒ It enables us to hold a higher perspective on our life and supports our quest towards greater understanding of other realms and the multi-dimensional nature of life.
- ☒ It creates greater flow and communication with nature and animals.
- ☒ It helps us understand that the more we develop our own gifts the more we are able to serve others and fulfil our purpose.
- ☒ Useful Affirmation: *'I activate my soul talents for my own fulfilment; knowing that they will be used in service to others'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Soul Purpose blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#soulpurpose>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

Crystal Herbs: [http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT\\_ID=81](http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81)

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.