

Hyssop

Relieving Guilt – Releasing Tension



- ☒ Hyssop alleviates guilt.
- ☒ It encourages us to face our real motivations.
- ☒ Feelings of guilt can cause tension. Hyssop is able to gently release the etheric patterning caused by past-life guilt, bringing relaxation on all levels.
- ☒ This is a useful essence for massage practitioners as an aid to deep relaxation.
- ☒ It deepens meditation and helps release karmic guilt that is disrupting our current life.
- ☒ Useful Affirmation: *'I release any karmic debts. I forgive myself and everyone else involved. We are all free to move on.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order an attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Karmic Guilt blend:

<http://www.spiritoftransformation.com/karmicessences1.htm#karmicguilt>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81,

and the Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

Photo courtesy of L Amey: <http://www.flickr.com/photos/northernlala/2766999312/>
Copyright: Nikki Wyatt, Spirit of Transformation. All rights reserved.

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.