



Idocrase/Vesuvianite

Become Fully Present

Feel Connected, Happy, Courageous and Optimistic



Affirmation: *'I release all thoughts of fear and limitation. My mind is clear and full of positive thoughts. My heart is filled with love and laughter. I'm excited, curious, joyful and creatively present'.*

This essence is in the Spirit of Transformation blend:

Be Present – Commit to a Passionate Life: <http://bit.ly/18XmF3n>

Appreciation – Open to Your Heart's Desire: <http://bit.ly/YCGITq>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

Channeled Personal Attunements: <http://bit.ly/XBzFsP>

With acknowledgement and thanks to Crystal Herbs: <http://bit.ly/18VJ1Uo> and
Morningstar Essences: <http://morningstar.netfirms.com/newgems.html>
where you may be able to order this as a single essence

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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