

Jasmine

Remembering Our Divine Nature

Balancing Masculine and Feminine – Spirituality and Sexuality



- ◆ Jasmine opens the heart and third-eye chakras, connecting our heart with the divine.
- ◆ It speeds up our spiritual growth, helping us to see the divine nature of all things. This leads to an increase in compassion and thoughtfulness towards all beings.
- ◆ Jasmine encourages us to go serenely and courageously into the shadow places in ourselves so that we treat our difficult patterns with loving kindness, finding strength in the integration of our disowned aspects we may have previously judged negatively.
- ◆ It supports meditation and helps us to remember wisdom dormant within us as well as to connect to guidance through other dimensions.
- ◆ It boosts our self-confidence and releases beliefs that we may not be as intelligent or as academically able as others.
- ◆ It helps us to think clearly and find practical solutions.
- ◆ This essence helps to integrate and balance the expression of masculine and feminine energies, both physically and spiritually, especially in the area of sexuality.
- ◆ It increases our sensitivity to the kundalini energy held in the base chakra, so it increases passionate life force in both men and women.
- ◆ Jasmine essence releases suppressed romantic desire and gives it expression.
- ◆ Useful Affirmation: *'As I perceive the oneness in all things I take a passionate role in my own growth towards becoming more of who I really am'.*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Inner Balance blend:
<http://www.spiritoftransformation.com/transformationessences.htm#innerbalance>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Hummingbird Remedies: http://www.druidlabs.com/hbr/flowers_jkl.html

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.