## Lady's Slipper

## Honouring Our Soul Purpose Integrating Spirituality Into Everyday Life



- If we feel that we can only connect with our inner guidance and spiritual essence separately from our everyday activities this essence will help us to integrate these aspects into our life.
- Often if we need this essence our work is not reflecting our soul purpose as fully as it could and we are not realising the full extent of our talents and power.
- It helps us to ground our spirituality into our physical body and to find spiritual meaning in our work, so that it better expresses our soul purpose.
- It's an excellent essence if we're feeling exhausted or overwhelmed due to an overloaded nervous system or if we're feeling sexually depleted.
- It helps to restore energy flow between the upper and lower chakras so that we bring spiritual information from the crown into our lower energy centres and can appreciate our sexuality and personal power in a spiritual context.
- Lady's Slipper is often indicated where psychic energy entering through the crown is blocked from flowing freely around the body causing fatigue, lack of libido and inhibited creativity.
- As this essence enables psychic energy to flow freely around the body there may be a noticeable surge in energy in the feet. Our intuitive energy is to be found primarily in our arms and legs and, as this is activated, we have a greater ability to 'walk our talk'.
- This essence brings a feeling of greater calm and emotional stability, enabling us to access reserves of spiritual stamina and courage, as we give greater expression to our soul purpose.
- Useful Affirmation: 'I bring spiritual understanding to every aspect of my life, which becomes a fuller expression of my soul purpose'

**Please Note:** Individual essences are not available from Spirit of Transformation, as a spiritually guided bespoke blend is much more powerful. If this essence resonates for you, then order an attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: http://www.spiritoftransformation.com/Attunements.htm

This essence is part of the Spirit of Transformation Soul Purpose blend: <a href="http://www.spiritoftransformation.com/transformationessences.htm#soulpurpose">http://www.spiritoftransformation.com/transformationessences.htm#soulpurpose</a>

This essence is part of the Spirit of Transformation Feet Chakras blend: <a href="http://www.spiritoftransformation.com/chakraessences1.htm#feetchakras">http://www.spiritoftransformation.com/chakraessences1.htm#feetchakras</a>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to Ananda Apothecary: http://www.anandaapothecary.com/fes-north-american-flower-essences/ladys-slipper-flower-essence.html

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.