



**Lapis Lazuli**  
*Find Your Voice and Your Power*  
*Release Dependency and Suppressed Emotions*



Affirmation: *' I express myself honestly, from the heart. I embrace my full spiritual and personal power with integrity and wisdom.'*

**This essence is in the Spirit of Transformation blends:**

**Sagittarius - Jupiter:** <http://bit.ly/fPQSUU>

**Throat Chakra:** <http://bit.ly/11ph4kp>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

**Channeled Personal Attunements:** <http://bit.ly/XBzFsP>

**With acknowledgement and thanks to Crystal Herbs:** <http://bit.ly/18VJ1Uo>  
where you may be able to order this as a single essence

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.  
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