

Mandrake

Transformation in Alignment with Soul Purpose Confidence, Energy and Vision



- ☒ This quintessential magical plant is also known as *Man Dragon* and *Mandragora* and has long been used by shamans and healers.
- ☒ The essence works mainly in the crown chakra, allowing you to connect much more easily with your higher self and your divine, eternal source.
- ☒ It allows for a stronger connection to nature and the plant kingdom. Brings strong transformation and practical change.
- ☒ It facilitates deep transformation, raising energy levels, stimulating creativity and moving you into inspired action.
- ☒ It helps you attune to your soul purpose bringing a clearer vision of your life.
- ☒ It brings insight into the source of emotional triggers and a willingness to change.
- ☒ It helps you release resistance and provides nourishing support.
- ☒ It helps you to see new opportunities, to feel more confident and to take charge of your life, in alignment with your soul purpose.
- ☒ Useful Affirmation: *'I'm willing to change in alignment with my soul purpose'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Soul Purpose blend:

<http://www.spiritoftransformation.com/transformationessences.htm#soulpurpose>

Acknowledgement and Thanks With acknowledgement and thanks for this information to;

Aziz Shamanism. <http://www.azizshamanism.com/essences.html>

Green Man Essences: http://www.greenmanshop.co.uk/acatalog/Online_Catalogue_Shamanic_Power_Plant_Essences_17.html

Gurudas Essences and Vibrational healing: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.