



**Moonstone**  
*Emotional Balance, Stress Release*  
*Fresh Starts, Intuition and Self-Awareness*



Affirmation: *'I'm in touch with my intuition and extremely self-aware. I'm calm and I keep things in perspective. I'm spontaneous and I easily attract what I need.'*

**This essence is in the Spirit of Transformation blend:**

**Feel Safe Amid Change:** <http://bit.ly/hCuxHQ>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

**Channeled Personal Attunements:** <http://bit.ly/XBzFsP>

**With acknowledgement and thanks to Crystal Herbs:** <http://bit.ly/18VJ1Uo>  
where you may be able to order this as a single essence

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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