

# Mulberry Tree

## *Releasing Past Life Trauma, Guilt and Remorse Resolving Conflict, Prejudice and Power Struggles*



- ☒ This essence helps to clear and integrate past-life events which are affecting our current reality.
- ☒ It raises our awareness of our negative patterns and unhelpful beliefs so that we can break free.
- ☒ It's particularly useful for troubled relationships and power struggles, where there has been a history of heartbreak, broken promises, abuse of trust and co-dependency.
- ☒ It's very helpful combined in essence blends used for clearing difficult karma.
- ☒ It brings peace and harmony to groups of people who are in conflict, particularly if there are long-standing feuds, grudges, cultural or racial judgements held within the community.
- ☒ It brings great support in resolving situations which have resulted from war, racial, cultural or religious conflict or family feuds.
- ☒ This essence allows us to express intense feelings in a way that creates positive outcomes.
- ☒ It helps us to release guilt and shame for past actions and to integrate painful memories.
- ☒ It's an excellent essence when we've suffered and as a result we've developed defensive patterns of mistrust and anger to avoid further disappointment and hurt.
- ☒ Useful Affirmation: *'I release the painful past and all beliefs associated with it. I embrace a positive future with an open, trusting heart'.*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Karmic Forgiveness blend:**  
<http://www.spiritoftransformation.com/karmicessences1.htm#karmicforgiveness>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to

Green Man Essences:

[http://www.greenmanshop.co.uk/acatalog/Online\\_Catalogue\\_Tree\\_Essences\\_Tree\\_Flower\\_Essences\\_2.html](http://www.greenmanshop.co.uk/acatalog/Online_Catalogue_Tree_Essences_Tree_Flower_Essences_2.html)

Aum Himalayan Remedies: <http://www.indiamart.com/ahs-essences/products.html#indian-mulberry-flower-essence>

Hummingbird Remedies: [http://www.druidlabs.com/hbr/flowers\\_mno.html](http://www.druidlabs.com/hbr/flowers_mno.html)

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.