

Oriental Poppy

Releasing Dependency

Journeying to Other Dimensions



- ☒ Helps release energetic patterns relating to compulsive tendencies.
- ☒ It helps us to live in the present and see its connection to previous experiences.
- ☒ So often we can 'sleep-walk' into dependent situations, whether it is with people, situations or what we take into our bodies. What seems to be stimulating or innocuous may well have deeply hidden traps for the unwary. Oriental Poppy helps us to wake up to what has been happening to us and then to ease our way out of the dependencies that have arisen.
- ☒ Its actions can be enhanced by giving Welsh Poppy and Red Poppy at the same time - the first to help us to wake up and the second to energise the change process.
- ☒ Oriental Poppy essence also beckons us to venture into the mysteries of creative visualization and dream journals. Such journeys are not unlike those of ancient Shamans who travelled to the upper and lower worlds, discovering guides and animal spirits, and retrieving lost aspects of Self.
- ☒ This essence is an excellent aid for those who wish to enhance their clairvoyant and telepathic skills.
- ☒ This essence allows us to detach and to see 'reality' as the illusion it really is, created by our own consciousness.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Healthy Choices blend:
<http://www.spiritoftransformation.com/transformationessences.htm#healthychoices>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Bailey Essences: http://www.baileyessences.com/cgi-bin/atoz_bailey.pl?bailey#1

Photo by Nikki Wyatt

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.