



## **Otter**

*Learning Through Joy, Playfulness and Fun  
Self Love and Healthy Relationships*



Affirmation: *'I attract all that I need with joy and playfulness. I choose according to my inner guidance. I remember that life's a game and I have fun co-creating with the universe.'*

**This essence is in the Spirit of Transformation blend:**

**Self-Care & Self-Love:** <http://bit.ly/txM93k>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

**Channeled Personal Attunements:** <http://bit.ly/XBzFsP>

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**With acknowledgement and thanks to** Morningstar Essences: <http://morningstar.netfirms.com/shamanic.html> and Wild Earth Animal Essence: <http://www.animalessence.com/what2.html> where you may be able to order this as a single essence

**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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