



## **Pelican**

*Releasing Past Anger*

*Learning Soul Lessons Whilst Flowing Freely in the Present*



*Affirmation: 'I allow my feelings to flow easily. I release toxic emotion from the past creating space to absorb the lessons of the present and experience greater wisdom, abundance and illumination.'*

**This essence is in the Spirit of Transformation blend:**

**Karmic Cleansing:** <http://bit.ly/rMs8OV>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

**Channeled Personal Attunements:** <http://bit.ly/XBzFsP>

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<http://www.flickr.com/photos/cathyscola/5399355912/>

**With acknowledgement and thanks to** Morningstar Essences: <http://morningstar.netfirms.com/shamanic2.html>  
where you may be able to order this as a single essence

**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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