## **Pom Pom Tree**

## Releasing Fear of Rejection Allowing Emotional Contact



- For when we avoid intimate relationships and friendships for fear that, were others to know us, they would discover the terrible truth.
- Our fear of rejection, based on past life or childhood trauma, is so intense that we hide our feelings and needs behind a front of self-sufficiency and never allow anyone close to us.
- For when we suffer from a profound sense of shame and a terror of vulnerability.
- This essence gives us the courage to risk emotional contact, to allow others in, to heal and to rejoin the human family.

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: http://www.spiritoftransformation.com/Attunements.htm

This essence is part of the Spirit of Transformation Closeness & Friendship blend: <a href="http://www.spiritoftransformation.com/transformationessences.htm#closeness">http://www.spiritoftransformation.com/transformationessences.htm#closeness</a>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

South African Flower Essences: http://safloweressences.co.za/Pompom Tree Essence.html

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.