

# Ragged Robin

## *Living in the Moment*

### *Finding Light in the Darkness and Order in Chaos*



- ☒ This essence brings soul qualities into the physical for greater expression.
- ☒ It helps with purification, unblocking our energy channels so that our vitality increases. As our sense of health and wellbeing improves we feel more engaged in being here.
- ☒ Ragged Robin flutters lightly in the wind, with its inspiring bright colours of brief duration. Its gift is to teach us to value the present; to appreciate the beauty of each moment and to allow it to pass, richer for the experience, yet not trying to hold on to it.
- ☒ Ragged Robin also helps us see the divine order in apparent chaos. Even when things may appear dark and without hope, Ragged Robin reminds us that it is always darkest before dawn and that new light is coming to illuminate the situation.
- ☒ In the depths of despair this essence brings faith and hope. It is a reminder that each of us carries both light and dark, so our experiences will reflect that.
- ☒ There is a divine plan behind every apparent disaster and Ragged Robin will help us to see that more clearly.
- ☒ Useful Affirmation: *'I live in the moment with faith that all is unfolding in divine order'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Confidence and Trust blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#confidence>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

Crystal Herbs: [https://shop.crystalherbs.com/Single-Flower-Essences/Ragged-Robin---Flower-Essence\\_\\_p-81-544.aspx?af=13071](https://shop.crystalherbs.com/Single-Flower-Essences/Ragged-Robin---Flower-Essence__p-81-544.aspx?af=13071)

Findhorn Flower Essences: <http://www.healingorchids.com/findhornfloweressences/singleessences.html>

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.