



## **Rose Quartz**

Soothing and Opening the Heart Attracting Loving Relationships



Affirmation: 'I gently release grief, loss and heartache. I accept change and open to intimacy. I soothe and nurture my inner child as I trustingly open to new love and greater responsibility. I see beauty all around me. I'm calm and confident.'

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend. Channeled Personal Attunements: <u>http://bit.ly/XBzFsP</u>

This essence is in the Spirit of Transformation blends:

Closeness & Friendship Essence: http://bit.ly/pfX1UT

Healing Heartbreak – Return to Love Essence: http://bit.ly/hifADv

With acknowledgement and thanks to Crystal Herbs: <u>http://bit.ly/18VJ1Uo</u> where you may be able to order this as a single essence

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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