

Rue

Self-Forgiveness, Courage and Personal Power Loving our Self Image



- ☒ Rue energises and strengthens emotions, sensitivity and libido.
- ☒ It increases our true desires and self-acceptance.
- ☒ It enhances our appreciation of our body, improving our self-image.
- ☒ It supports self expression as an aspect of our spiritual nature.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click for Personal Attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Forgive, Love and Accept Ourselves blend:
<http://www.spiritoftransformation.com/transformationessences.htm#forgivingourselves>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to

[Green Man Essences: http://www.greenmantrees.demon.co.uk/flower.html](http://www.greenmantrees.demon.co.uk/flower.html)

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.