

Saguaro

Being At Ease With Your Own Authority Perseverance, Maturity and Belonging



- ☒ This essence helps when our thoughts are jumbled so that our mind becomes sharper and clearer.
- ☒ It addresses issues around our father – both earthly and heavenly - and how we respect their authority.
- ☒ It can help to improve recall when forgetfulness is caused by stress and anxiety.
- ☒ It can help us to feel more grounded and centred; more able to have faith in ourselves.
- ☒ It's an excellent essence when we're challenging authority or we're being triggered by it because we're trying to find our own authority and birth an authentic sense of self.
- ☒ Saguaro helps any power struggle as well as any conflict being enacted internally, such between our feminine and masculine aspect, our inner critic and inner child or our mind and our emotions.
- ☒ It's helpful if we have a sense of not belonging; especially when we can't find a place within our family that honours our true self.
- ☒ It heightens our understanding of our ancestry and the divine nature of life, opening us to receive the wisdom of those who came before us.
- ☒ It helps us when we've lost faith in ourselves to feel supported by our inner guidance.
- ☒ When we feel defeated by life and want to 'go home' this can bring back the desire to keep going, to overcome the challenges we face and fulfil our potential.
- ☒ It creates a positive connection to our masculine energy that nurtures us when we're out in the world.
- ☒ If we don't have the confidence or courage to fully express our gifts and become easily downhearted, this essence encourages us to persist.
- ☒ It's very helpful if we're rigid, easily annoyed, impatient and cannot find inner peace or serenity.
- ☒ It helps us to step into a mature sense of ourselves and to use our power in a balanced way.
- ☒ It helps our awareness of what is truly important to us and to uphold those values.
- ☒ It ignites creativity and sensual passion, opening us to abundance in our lives.
- ☒ Useful Affirmation: *'I step into my authority with confidence and self-reliance. I fulfil my karmic potential with a sense of continuity, openness and willingness to learn and change'.*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

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