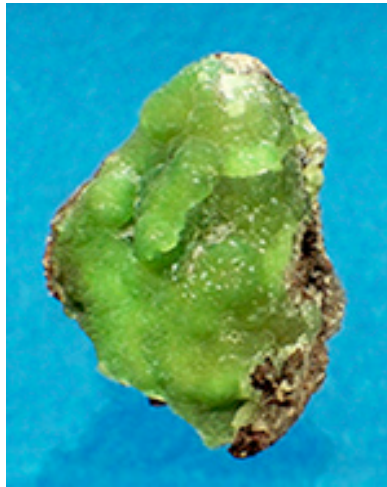


Smithsonite

Gentle Healing of Emotional Wounds Brings Trust, Intimacy and Optimism



- ☒ Smithsonite greatly eases fear of intimacy and helps us develop close relationships. This essence is ideal before starting a new relationship or for greater intimacy in one that is already established.
- ☒ It bestows a sense of security that brings self confidence and a more holistic perspective.
- ☒ It balances and connects the heart and the solar plexus chakras.
- ☒ Smithsonite is a wonderful stress-reliever, especially when we have reached the end of our tether.
- ☒ It heals aspects of our inner child at times in our childhood when we may have felt a lack of love.
- ☒ Smithsonite resolves hurt layer by layer so that we gradually feel better with no need for big emotional outbursts.
- ☒ This essence supports new starts and brings joy.
- ☒ It encourages us to trust and to expect positive outcomes.
- ☒ This essence also awakens and strengthens psychic faculties such as telepathy and clairvoyance.
- ☒ This stone is about beginnings, so it resonates for birth and rebirth and can be used for infertility.
- ☒ It encourages us to lead diplomatically, with personal charisma and kindness.
- ☒ Difficult situations can be brought back to harmony and balance, so that we feel more secure.
- ☒ This essence can help us feel more flexible.
- ☒ Useful Affirmation: *'A wonderful new beginning has now manifested in my life'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click for Attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Closeness and Friendship blend:

<http://www.spiritoftransformation.com/transformationessences.htm#closeness>

This essence is part of the Spirit of Transformation Aquarius-Uranus blend:

<http://www.spiritoftransformation.com/planetaryessences.htm#aquarius>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=82

The Crystal Bible by Judy Hall <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

Morningstar Essences: <http://morningstar.netfirms.com/gem.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.