

## Snowdrop

### *Emerging from Darkness into Light Letting Go of Attachments*



- ☒ Gently eases the pain of bereavement and loss, helping hope and joy to return.
- ☒ It helps us let go when we need to leave this life but are hanging on because we're afraid.
- ☒ It also eases the dark night of the soul, when we can feel isolated from spirit.  
It eases grief, bringing inner strength and an ability to surrender peacefully to transitions, including a spiritual rebirth.
- ☒ Snowdrop brings optimism and hope and symbolises the light at the end of the tunnel.
- ☒ It allows us to plan practically, energising our thought processes, bringing insight, discernment and healing wisdom.
- ☒ Snowdrop encourages us to let go of past attachments and events and find a new vision and direction.
- ☒ It is the essence of inner awakening after a long period of darkness, numbness or dormancy.  
It brings courage and tranquillity enabling us to see our challenges as part of a wider whole so that we can appreciate the interconnectedness of all things.
- ☒ Very helpful in situations which feel threatening and the heart and sacral areas have closed down. It sheds a new light on the situation and initiates forgiveness and trust so that energy can flow freely again. This allows us to be more open and creative. We can begin to hold our personal power in a more enlightened way.

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click for Attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Graceful Release blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#gracefulrelease>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.