

Spinel

Renewing and Releasing Energy
Humility with Success



- ☒ Spinel is excellent for renewing your energies and for assistance in moving through challenges of all sorts.
- ☒ It helps you to reach for success with humility.
- ☒ It helps to increase the positive aspects of yourself on all levels, and to repair and rejuvenate energies that are decaying in your life which you wish to renew.
- ☒ Yet if something really does need to be released, Spinel allows this to happen but also brings a much better replacement into your life.
- ☒ Useful Affirmation: *'I acknowledge and release all that no longer serves me. I open to a stronger experience of life force. I'm feeling positive, deserving and within reach of my dreams. All is well.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click for Attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Let Go and Flow blend:
<http://www.spiritoftransformation.com/transformationessences.htm#letgoandflow>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

[Morningstar Essences: http://morningstar.netfirms.com/gem.html](http://morningstar.netfirms.com/gem.html)

The Crystal Bible by Judy Hall <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.