

Talc

Past Life Integration

Relaxation and Intuitive Knowing



- ☒ This essence helps when we're worried, tired or under pressure.
- ☒ It can bring deeper, more restful sleep, as it has a very relaxing effect.
- ☒ It brings our physical, emotional, mental and spiritual aspects into more harmonious alignment with each other, allowing a smoother flow of energy.
- ☒ It brings inner knowing, strengthening our intuition and our connection to cosmic knowledge
- ☒ It brings greater depth to meditation, ritual and other spiritual practices.
- ☒ If you need this essence your issues may be past life in origin; so this is a useful essence used alongside past life therapy.
- ☒ Talc releases past life talents into our awareness, so they can be integrated and developed.
- ☒ It helps us balance our female and male energies.
- ☒ Useful Affirmation: *'I relax into a much deeper understanding of myself and the universe'*.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Past Life blend:

<http://www.spiritoftransformation.com/transformationessences.htm#pastlife>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/afrack.asp?ID=74&Req=prodtype.asp?PT_ID=82

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.