

# Tangerine

## *Joy and Optimism*



- ☒ This is a very lively, sparkling essence that increases feelings of optimism and joy.
- ☒ Tangerine brings a fresh and radiant energy to our day to day activities.
- ☒ We're better able to believe that things in life will always work out in ways that are positive and life-enhancing for us.
- ☒ Useful Affirmation: *'I expect only the very best each day and this is what I attract!'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement.

**Click for Attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Lighten Up blend:**  
<http://www.spiritoftransformation.com/transformationessences.htm#lightenup>

### **Acknowledgement and Thanks**

With acknowledgement and thanks for this information to: Morningstar Essences <http://morningstar.netfirms.com/fruit.html>

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.