## **Tomato**Faith in the Future and in Our Own Power Courage to Move On



- This essence is for facing life with great courage and coming into our own power.
- Tomato essence is wonderful for strengthening and balancing both the first and second chakras. It clears debris and trauma from those chakras that has accumulated in this or other lives.
- It helps us to move on from circumstances and situations that we cannot change, even when we are not sure where we go from there.
- A strong sense of faith and trust is given that we shall find the right doors opening if we're willing to break free.
- This is also a powerful essence for any of us who have faced abuse or bullying.
- Useful Affirmation: 'I have now come into the fullness of my spiritual power.'

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement.

Click for Attunements: <a href="http://www.spiritoftransformation.com/Attunements.htm">http://www.spiritoftransformation.com/Attunements.htm</a>

## This essence is part of the Spirit of Transformation Confidence and Trust blend:

http://www.spiritoftransformation.com/planetaryessences.htm#confidence

## This essence is part of the Spirit of Transformation Karmic Power blend:

http://www.spiritoftransformation.com/karmicessences1.htm#karmicpower

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to: Morningstar Essences: http://morningstar.netfirms.com/flowerpz.html

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.