



White Foxglove
Safety, Serenity and Inner Peace
Self Empowerment, Inspiration and Letting Go



Affirmation: *'I am safe, supported and powerful. I find serenity and joy in following my inner guidance whilst respecting and nurturing my true essence.'*

This essence is in the Spirit of Transformation blends:

Feel Safe Amid Change - Overcome Overwhelm: <http://bit.ly/hCuxHQ>

Karmic Power: <http://bit.ly/sSSOnj>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

Channeled Personal Attunements: <http://bit.ly/XBzFsP>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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