

# Yellow Water Lily

## *Expanding our Consciousness*

### *Hearing and Acting on Inner Guidance*



- ☒ This essence strengthens the connection between our intellect and our feelings.
- ☒ It helps expand our consciousness, heightening our awareness of our connection to other dimensions.
- ☒ It shows us how important it is to be aware of our personal growth and to celebrate our progress.
- ☒ It helps us distinguish true inner guidance from other voices, certain of its constant connection to source.
- ☒ This essence is invaluable when you cannot see the way ahead or you feel at a crossroads. It helps you cut through the doubt and fear to hear your higher self giving you clear direction, so that decisions are easy to make and the next step is clear.
- ☒ It heightens our awareness so that we make better choices.
- ☒ It cleanses us on all levels, bringing a feeling of rejuvenation.
- ☒ Yellow Water Lily's message is: *"I am the golden voice of God rippling through still waters."*
- ☒ Useful Affirmation: *'I hear my inner guidance and celebrate my spiritual growth'.*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click for Attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Soul Purpose blend:**  
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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.