

Yew

*Strength, Protection and Wisdom
Flexibility and Openness to Change*



- ☒ This essence carries a strong quality of spiritual protection.
- ☒ The longevity of Yew reflects the ability of the essence to increase and strengthen our memory including memories from past lives.
- ☒ It increases our strength, defence mechanisms and life force.
- ☒ It opens us to the wisdom of age, giving us a long-term view, enabling more considered choices.
- ☒ It helps keep us on our soul path and encourages us to set ourselves free from old rigid patterns of behaviour to follow our instinctive guidance in the moment that it arises.
- ☒ Yew essence asks us to review our opinions and attitudes which may have become too unbending, to the point that we resist change and innovative views without due consideration for their merits.
- ☒ We may brace ourselves against chaos, finding ourselves bruised and traumatised instead being able to flow with the force of it until we can see more clearly.
- ☒ Yew encourages greater humility regarding our own opinions and a more open mind.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement.

Click for Attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Flexibility and Tolerance blend:
<http://www.spiritoftransformation.com/transformationessences.htm#flexibility>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:
Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Green Man Essences: <http://www.greenmantrees.demon.co.uk/tree.html>

Bailey Essences, http://www.baileyesences.com/cgi-bin/atoz_bailey.pl?bailey#y

Findhorn Essences: <http://www.findhornessences.com/Flower-Essences/Ancient-Yew-Taxus/>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.