



Living Tree Orchid Essences



Andean Fire

Phragmipedium Andean Fire

One name for this essence could have been "Resurrecting Courage and Purpose", even when overwhelmed by the suffering all around, even in the face of absolute physical challenge. Would help those who have been victims of torture or major disasters in this or a past life. This is a major essence to address the horrors of human suffering and a way to experience what is meant by the Compassion of Christ.



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Angelic Canopy

Laeliocattleya Angel Love

Balm for the troubled soul. If you can only have one of the Living Tree Orchid Essences, this one should be seriously considered, as it is so helpful in these times. Angelic Canopy brings nurturing to those who are in grief, despair or who have lost hope. Releases the tension from the flight vs. fight response, thus helping to increase one's sense of security by realigning to the values of life. "All things can be done in Grace." Great for space clearing and cleansing crystals.



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Behold the Silence

Comparetia macroplectron

This essence provides a pathway to enter into the profound silence of universal being and invites us into a new relationship with the future. As the future becomes more and more present in the depth of our inner silence, the past goes back into itself so that we no longer hold the past in the present. In this way our former actions or karmas dissolve. What remains is unobstructed action. Place 4 drops in a small amount of water, and hold in the mouth for 15 seconds to enable the energy to be absorbed through the roof of the mouth and enter the crown chakra. Good for meditation, vision quests, as a preparation for various rituals, and for becoming aware of the sacredness of nature.



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Being in Time

Phragmipedium Ainsworthii

Brings the body into harmony with Nature's time. Very important to enable therapists to bring the client into contact with and stay in the body. Helps those who are reluctant to incarnate fully into "the here and now". It does so by harmonising the body's etheric cycles with those same cycles in Nature. This is a calibration to a flow which helps one to manage one's time better, especially when there is the sense of having too much to do and too little time to do it in. GREAT FOR JET LAG. The body can immediately harmonise and integrate with the time-zone of the local area no matter what the distance or direction of travel.



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Being in Grace

Ascocenda Princess Mikasa

A large and vibrantly purple vandaceous orchid, the colour of the blooms is central to the action of this essence. This essence is in part a cleansing of one's old emotional pain that can appear as physical distress or energetic blocks. Its healing process goes deeply into the emotional centre of the brain; it also releases tension from the kidney meridian. At an enhancing level it helps one to realize the regal aspects of the soul, and to acknowledge those qualities in others as well oneself.



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Boundless Peace

Anguloa virginalis

Imagine a translucent jellyfish pulsing or champagne bubbles streaming to the surface. Experience a sense of buoyancy, floating freedom and ease. Great for relieving tension in the frontal lobes of the brain due to too much mental work. Opens up our consciousness to active and productive dreaming. Space takes on a gentle shape with delicate edges. Great for men who need to balance an overly-masculine temperament, as this is one of the most yin essences in the range.



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Carnival

Laelia crispa

Rhythmic and passionately sensual. Even the very large blooms suggest the sensual nature of this essence. Speak its name with a Brazilian accent... Very good for those who are overly intellectual and live at some distance from their body. Move into the body and its vibrant senses. Carnival helps to remove you from the stress of a busy day when you arrive home, and to remember to enjoy life more. Brings a glow of etheric light to the skin. Softens the boundaries between people, allowing more friendly flow of interaction.



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Clear Mind

Aeranthus grandiflora

Clears and calms the mind offering clarity of perception and reflection. Eases mental tension from the mid-brain, the 'Mental Break' essence. Think of the clarity of a pale & clear gemstone; the calm of a cool, clear and still winter's night. A full moon reflected on a quiet lake.

Note: this essence was made with an aquamarine gemstone as well as with the orchid.



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Clearing the Way/ Self Belief

Phragmipedium Don Wimbur

Strengthens one's belief in one's own inner and outer spiritual resources, and one's ability to move forward with projects and goals. A wonderful "can do" essence. This essence helps to relax tension in the 8th chakra, a result of trying too hard to be perfect and stay in control of everything in our lives. Very helpful for those who are either shy or diffident.



Living Tree Orchid Essences



Core of Being

Nanodes medusae

A very important essence to realign to our spiritual axis. This essence enters into one's causal body, which is the "Spiritual White Light". It appears as the central axis, a small-diameter shaft of light running parallel to and just in front of the spine. It is the origin of the chakra system. In a gentle yet profound movement, the essence helps us to align to the higher chakras that compose and create the causal body Light shaft and surrounding causal and celestial auric fields. In doing so, the etheric, astral and mental bodies harmonise very well.



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Crown of Consciousness

Masdevallia reginae

A complete experience of the entire crown chakra. THIS IS A BIG ESSENCE. This essence wishes to welcome you home to the Hall of Records, a space within, where you might find the Living Word of God, the Wisdom of Creation. Surrender to the Beyond that is within and without. Patience. Learn adaptability in approaching the Heart of Mystery, the Light of Consciousness, the Shrine of Shrines.



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Devata / Noble Soul

Comparetia speciosa

Gain a serene overview and perspective on life. Deva means radiant or shining one, while Devata refers to the spiritual potential of the soul, to the human heart warming the world with its noble presence. This spiritual charisma can be found in our nobler qualities: quietly regal, insistent but not aggressive, serene, and acting with integrity.

“Beauty is Inner Truth made Perfect”.



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Direct Vision

Paphiopedilum liemianum

Potentially a powerful experience of the 3rd eye, so can be useful for vision quests. This is the same orchid that made the essence New Vitality, but six months earlier when the blooms were in full alignment of direction, giving an intensity of energy to this essence. Use with care. Useful for meditation practices.



Living Tree Orchid Essences



Golden Radiance

Phragmipedium St. Ouen

To bring one into awareness of the radiance of one's Inner Light, the "Ground of Being". Golden Radiance honours the spiritual path above all else. This essence opens the throat chakra and connects to a source of inner wisdom which appears as golden light within the inner chamber of the heart chakra. When the inner chamber opens, its "light" can ascend into the throat chakra. Fundamentally not a remedy, but rather an essence for developing a spiritual perspective of everyday life. Probably our most universal essence.



Living Tree Orchid Essences



Hara to Heart

Bulbophyllum lobbii

Very good for people who are reluctantly incarnate. This essence brings energy down to the 2nd chakra (Hara), then up through the solar plexus and into the heart chakra. Helps eliminate conflicting emotions. Helps one to be incarnate with a sense of purpose. This essence infuses the halo with a diamond-like appearance, indicating higher chakra activity. NB. Take this essence two or three times within a ten minute period for best effect and wait a day or two before repeating, or use it as a one-off.



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Heart of Light

Phragmipedium Grouville

Provides a liberating feeling as it launches our emotional body out of old patterns of defensiveness into Universal Connectedness to be experienced as an on-going pattern of endless flow. Rapidly releases emotional armour of the heart, expanding the chest, allowing the heart chakra to extend back and re-connect to the central axis of the aura. The 12th chakra then awakens our memory of our unique spiritual inception into the Time/Space continuum. The 15th chakra opens as well to the residence of “Universal Order”, the home of sacred geometry.



Living Tree Orchid Essences



Internal Cleansing

Bulbophyllum echinolabium

This essence is all about the internal cleansing of the body. Working away without fanfare, it helps to clear up our etheric body's 'residuals' - little packets of leftovers. Acts on the energetic pathways of the throat, stomach, large intestines and liver, assisting with detoxification. Not included in the full kit of essences, except when wrapped in foil, as this essence is energetically very different from the rest of the range. However see also Settling with a Smile if you are drawn to this essence.



Living Tree Orchid Essences



Joyous Purification

Jumellea major

Purifying the root chakra for both men and women. For men it can initiate them into the feminine understanding of purity and innocence. Whereas we often think of purification as a painful or arduous process, the action of this essence is joyful. If a woman's sexuality has been abused then this essence will help re-establish the natural innocence of the root chakra in a natural rise of white etheric light. This light moves very efficiently and effectively, allowing one to work therapeutically with the issues that have been held subconsciously in the root chakra.



Living Tree Orchid Essences



Just Me

Cochlioda noezliana

Celebrate your unique personality without being influenced by projections and expectations of others. Accept our limitations not as negative identities but as momentary states of our development on the journey in creating a personal self-definition. The world is in need of more characters. Also very good for children who have do not feel loved.



Living Tree Orchid Essences



Knights' Cloak

Pleurothallis gargantua

In dark times it may well be prudent to cloak one's light to enable one to carry the knowledge of inner truth without risk of drawing the attention of negative forces. This essence provides protection to help one to remain concealed from those who may threaten, bringing a sense of both invisibility and invincibility. Strengthens the back of the Throat Chakra, which is one of the first points of vulnerability in psychic attack. Walk past the black flames of the desert without being harmed. Ride through the night concealed by your etheric cloak.



Living Tree Orchid Essences



Lanata

Scaphosepalum swertifolium

Picture the drawing of a bowstring to establish the direction of an arrow's flight. So it is in our lives that our goals and our life's direction is best achieved by stepping back deeply within ourselves. The hand pulls back and we make contact with the centre of the chest, the heart. Being centred in this way guarantees our best shot. Activates the heart and throat chakras. Works well with the Dancing Light Orchid Essence, "Purpose Flows".



Living Tree Orchid Essences



Laughing Butterflies

Laelia anceps

This essence is very playful, very forgiving, a large belly laugh from the happy Buddha. Leave your troubles behind, effortlessly and smoothly swirling away. Excellent for anyone who is prone to take themselves too seriously or for those who feel emotionally stuck. Laughing Butterflies enters into the solar plexus like two people dancing together in perfect harmony. Think of Ginger Rogers & Fred Astaire spiralling across the floor in each other's arms. Affects the brow and throat chakras, as well as the eyes.



Living Tree Orchid Essences



Liberation / Deception

Paphiopedilum gratixianum

How do we fool ourselves by projecting what we desire and not truly need? When is the “light” just a diversion? What is true liberation? Is it to be found in political expression or trance dancing? Even on the inner path, how do we fool ourselves in the quest for freedom? Where do we find the Buddha sitting? This essence operates at two main levels. At one it provides endurance and ‘upward’ strength, as well as helping to cleanse, strengthen and protect the aura. It would help with any new venture as well. At a more subtle level this essence is about recognising and accepting inner beauty, as well as developing the discernment needed to discover the ways in which we deceive ourselves in the name of liberation.



Living Tree Orchid Essences



Light of My Eye

Paphiopedilum Memoria Richard Ong

Frog looks up to the stars & Great Spirit replies showering light from the heavens. Frogs are able to see starlight and register this light one photon at a time on the retina. In a similar fashion, this essence wants to help us 'see beyond the veil'. Helps bring light into one's eyes even in dark times, such as in winter. In native cultures the eagle represents the power of Great Spirit. It is swift and sure in its flight and the model of spiritual power. Full of starlight frog jumps off of his pad and plunges into life and the world of water. This essence was made in participation with our friend David Carson and his daughter Greta. David is a Native American and the co-author of the Animal Medicine Cards & also Oracle 2015.



Living Tree Orchid Essences



Mercurio

Pleurothallis restrepioides

Poise, humour and verbal repartee are the hallmarks of Mercurio, the marvelous character in the play, Romeo and Juliet. Good for those who are taking things (or themselves) too seriously; good for students who are being bullied. Stand back from the drama, get the overview, like the director of a play and watch the interplay between actors and dialogue. Enjoy the movement of words and meaning. Brings white light into the eyes, so recommended if one has been reading a great deal.



Living Tree Orchid Essences



Messenger of the Heart

Phragmipedium Grouville

Give voice to the heart and communicate what you are feeling, without fear of the consequences for speaking your truth. To help become more aware of what is deeply valued within the heart. Picture a messenger on a white horse, galloping along in your heart spirited by the desire to be honest and true. Connects the Heart Chakra and the Throat Chakra.



Living Tree Orchid Essences



New Vitality

Paphiopedilum liemianum

The plant from which this essence was made indicates its gift of stamina very clearly in that the blooms come in succession on each 'spike', and each spike of the plant can be in bloom for a year or more. Provides vitality under circumstances of long-standing tiredness and exhaustion. New Vitality can give an energy boost to see one through these difficult periods.



Living Tree Orchid Essences



Paph. Helvetia

Paphiopedilum Helvetia

Brings the courage to look at the shadows and fears which inhibit one's progress on one's spiritual journey. A deeply serious essence, take it to enhance one's meditation practice. Paired energetically with Walking to the Earth's Rhythm, which is best taken at the end of meditating with Paph. Helvetia.



Living Tree Orchid Essences



Positive Outcome

Scaphosepalum gibberosum

Maintains undeterred optimism accompanied by remarkable stamina. With this essence the goal of any project is never out of sight, “like a pole-vaulter visualizing going over the bar before the run up to the big leap.” A remarkably important teaching comes from this very small orchid, regarding the way in which our mental outlook forms and gives rise to our daily experience of the circumstances of the world and our life. See the opportunities that each moment presents; the potential is there to be realized if we enable it to blossom. Don’t simply see the rain: turn your head and see the rainbow.



Living Tree Orchid Essences



Protective Presence

Dendrobium spectabile

This essence is good for people who are traveling to places where personal safety is challenged. Useful in times of major change (such as moving house or career changes) to provide continuity and protection. It helps one to reconnect with inner strength. This orchid bears a resemblance to the protective “wrathful deities” of Tibetan Buddhism with the sense that a spiritual presence says “I go before you”. Can aid in discovering that actual protection comes from realizing the true nature of Being, which we find deep within.



Living Tree Orchid Essences



Purity of Heart

Paphiopedilum Armeni White

Useful for the stress of feeling there is not enough time. Like the slow, clear, well-spaced tones of a sitar, this essence conveys the understanding that there is “time enough for anything”. Epitomises the Kaffa type of the Indian Ayurvedic system, which is slow and unhurried, never compelled to rush. Brings white light to the upper heart chakra, the brow and sacral chakras, and into the blood.



Living Tree Orchid Essences



Pushing Back the Night

Bulbophyllum Elizabeth Ann 'Buckleberry'

Helps elevate our thoughts to the point where we can see the Sacred in life. An essence to help heal the destiny of humanity. Not only does it aid our own personal growth, but also invites the Light of the Future to Take Back the Night. Blockages in the bahui centre (on the top of the head) are pushed out of the auric field, which enables us to extend an awareness vertically into a temple within a celestial domain. In this way the microcosm affects the macrocosm. In this time when many negative karmas are being released upon the world, this essence is especially important for helping people not to be distracted from their spiritual purpose and light.



Living Tree Orchid Essences



Releasing Karmic Patterns

Masdevallia Flying Colours

Releases karmic patterns which are held in the eighth chakra. The eighth chakra indicates how spiritual knowledge and power have been mis-used in the past. This essence can make us feel like we are spiralling out into the cosmos, thus it can feel intimidating due to the feeling of being taken up and away. Helps free up rigid belief patterns or merely parroted ideas held in the eighth chakra . Helps us use and choose words wisely when we speak.



Living Tree Orchid Essences



Renewing Life

Phragmipedium Carol Kanzer

A very gentle, quiet essence, yet profound in its ability to reach many levels at once. Clears ancient negative energetic patterns at the cellular level via the 1st, 8th, 10th and 12th chakras, renewing one's inherent health. The root chakra governs cellular patterning and when combined with the higher chakra action of the 10th chakra (the Source of White Light) and the 12th chakra (our connection to the wholeness of the universe), it makes this essence a strong candidate for healing at that level. Very helpful when added to skin creams.



Living Tree Orchid Essences



Rising to the Call of Beauty

Paphiopedilum Lady Isabel

This essence is about aligning and identifying with beauty. As modern societies have distanced themselves from both natural and inner beauty, dissonance, distortion and self-degradation have followed. This has influenced us in ways that distract us from the simple beauty in nature and in ourselves. What are the innate properties of beauty? Proportion, integrity, harmony and respect for the forces and mathematical dimensions found in sacred geometry. When beauty is a guide, the results of our actions naturally and harmoniously follow Universal Principles. Beauty's strength will banish evil and ugliness from her presence. Also at another level very helpful in relieving shoulder tension at the end of a working day.



Living Tree Orchid Essences



Sacral Release

Dendrobium hybrid

Sacral Release provides vital energy to help with the release process and breaks a vicious cycle of low energy and low achievement. It helps to ground and release tensions stemming from subconscious patterns held in the 2nd chakra. These drop down to the earth. The energy in this essence affirms you are safe, strong and healthy.



Living Tree Orchid Essences



Secret Wisdom

Phragmipedium wallisii

Secret Wisdom returns our focus into the depth of the Inner Divine that is found in the Inner Chamber of the Heart Chakra, which lies just beneath the heart chakra. From here a vision arises, the embodiment of serenity and silence which activates the chakras in the head, and then directly awakens the 11th chakra. This transcendental chakra offers us the perception based on compassion and wisdom that honours “self as other and other as self” and that “life is essentially a mirror of our own thoughts and actions”. This essence is recommended for those who are well on their way along the spiritual path.



Living Tree Orchid Essences



Serendipity

Paphiopedilum Predatious

Very helpful when one is bogged down with too many responsibilities or just feeling stuck. This essence works to align one's preparedness to move into action with deeper dimensions of one's being. Helps bring new insights into meditation. Picture a frog just a millisecond before it jumps. Serendipity is an antidote to being stuck in a rut.



Living Tree Orchid Essences



Settling with a Smile

Paphiopedilum Golden Dollar

Creates a calm and quiet joy. Helps the energetic lining of the stomach, and the etheric activity of the liver and gall bladder. Good to take after festive indulgences. Helps with emotional upset, giving one a sense of security. When children are studying, this essence will help to maintain focus. Consider also Internal Cleansing, as both work on the etheric energies of the intestinal system.



Living Tree Orchid Essences



Shiva's Trident

Dendrochilum magnum

This essence opens the yang polarity of the meridian system, the baibui point on the top of the head, bringing in a spiralling, very active energy. This essence is to a large degree the masculine counterpart to Devata, where we go inside to rediscover the Divine Feminine. Here the realignment to our spiritual purpose found at the outermost level of the universe opens the wisdom aspect of the crown chakra. Useful for people with issues with their fathers or other male authority figures, to help them to align to their own inner masculine wisdom & power. Also good for men struggling to conceive.



Living Tree Orchid Essences



Songline

Paphiopedilum Honey

To help one attune to one's unique spiritual path, that path which is yours and yours alone. How many steps forward on that path do we take in a lifetime? How easily we become distracted from our deep inner path. Songline conveys a song of Love. By helping to re-establish the halo of light over the crown chakra, it awakens one to the responsibility of sound & speech and assists in being true to oneself - an attunement to deep vows. Connects one as well to the sounds & choirs of the angelic realm. To thine own song be true.



Living Tree Orchid Essences



Sound of Thunder

Dracula chimaera

Connects one with the Hoop of Nations, the Council of All Creatures. Here the mosquito and the moose, the sparrow and the eagle all have equal voice. Shamanic mystery is encountered with this orchid, which also invites you to face your deepest fears. Not to be taken lightly or whimsically.



Living Tree Orchid Essences



Totem

Paphiopedilum William Mathews 'Knobcreek'

Within the circle there is boundless strength, knowledge, and affirmation of the goodness that lies at the Heart of Mother Earth and Father Sky. We can with confidence call upon and/or discover our Power Animals when using this essence. Find also the clarity, strength and stillness of the timeless heart. This essence helps us to step into the Hoop of all Nations – the Nations of Animals, of Peoples, of Galaxies.



Living Tree Orchid Essences



Unconditional Snuggles

Paphiopedilum Snowbird

A gentle, comforting, lasting embrace. Great for adults at the end of a tough day. Good for children at any time, and especially if waking with night fears. For children as well can be combined with White Beauty to give them reassurance that they are fully loved.



Living Tree Orchid Essences



Unicorn

Gongora dresslerri

Take a focused, committed and unfailing action. Meet that outer threat not with aggression but with the clarity & certainty of a positive outcome. Highly recommended for emergencies, major crises or when one is truly threatened. This essence helps us to avoid distraction, or giving our power away to a source of trouble or potential harm. Clears the energetic pathways of the head and into the brain by opening the Da-zhui point on the 7th cervical vertebra. Keywords: Focused & Protective Action, Unquestioning Confidence.



Living Tree Orchid Essences



Unveiling Affection

Phragmipedium Hanne Popow

For loving & nurturing oneself, as well as opening our hearts with affection to those around us. Good for anyone who has ever felt emotionally bereft, or who has had difficulty valuing & caring for themselves. To hold affection in our hearts, for both self & others. This very first of the Living Tree Orchid Essence range is potentially of benefit to most of us. If we are able to love ourselves and nurture ourselves, we cannot help but love and nurture others more deeply and fully.



Living Tree Orchid Essences



Walking to the Earth's Rhythm

Paphiopedilum St. Swithin

There are two interconnected processes of this essence. The first is a return to the original energetic imprint of our DNA. Many electromagnetic forces disturb this etheric fabric. This essence works specifically to repair very old ruptures within the etheric matrix of the throat chakra. Secondly we find that we are walking in harmony with the rhythm of the Earth herself. This is a calming and soothing essence, good for helping one to gently come back to earth after deep meditations, for example after taking Paph. Helvetia - which was made just weeks before this essence.

*Learn how to walk, and where to walk,
by 'listening with the feet'.*



Living Tree Orchid Essences



White Beauty

Phalaenopsis aphrodite

Envelopes one's aura with unconditional love, akin to that of a mother for a newborn child. Nurturing and de-stressing. Refreshing and mildly relaxing. Can be used as a post-trauma spray for both people & animals. May also be combined with Unconditional Snuggles for children who are waking with fears in the night. As a spray White Beauty is wonderful for de-stressing the Crown Chakra.



Living Tree Orchid Essences



Wingéd Gold

Grammatophyllum scriptum

An ancient Chinese gong sounds its tone, awakening one to an inner calling, to the fire of the soul's mission and destiny. The weaving of the tapestry of our myriad lives is completed in the utter gracefulness of the dance of the soul which knows its wholeness. Meditate on the peace of this essence to discover the fecundity of the sacred and the flowing purpose of our lives. An essence to help the imagination touch the depths of being and become fertile once more.



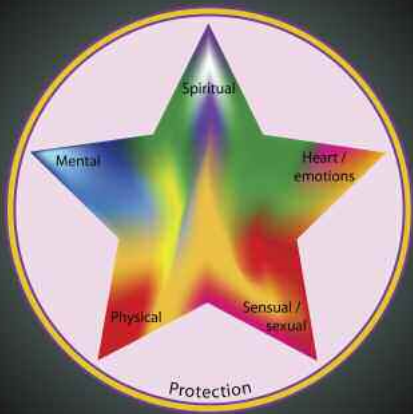
Living Tree Orchid Essences



Wisdom of Compassion

Phalaenopsis Sussex Silk

This orchid called out gently & clearly for an essence to be made, with its message of compassion for all beings. Made on the full moon anniversary of the Buddha's enlightenment. The need for this energy is fully apparent in the world at this time. The path of this essence may follow this sequence: It enters the ajana centre, a small but intense point between the brows, a major point of spiritual manifestation. Then it begins encircling the head with a protective energy to finally enter the crown chakra. Once the "palace" of the crown is secure, the essence enters the heart chakra, evoking the Light of a Golden Lotus in full bloom. In meditation this essence is able to reach deeply into the portal of the heart chakra. Its transformative effect brings to the heart feelings of joy & eternal optimism, and compassion for all beings.



Living Tree Orchid Essences



Higher Alignment

The gifts and the intentions of the orchids are fundamentally about helping us in our alignment to the higher purposes of Being. The star shown overleaf is one way of contemplating the various domains of action of each orchid essence. Each area of our lives needs to be in balance and healthy for our spiritual potential to be realized. Protection we might say as well is 'advisable'. The deepest protection arises from understanding that Being, beyond time and space, is another way to describe Universal Love. And it is this which manifests in myriad aspects of Beauty as the orchids and other flowering plants of Nature on this Earth.



Living Tree Orchid Essences



The co-developers

Several people played a role in the LTOE coming into being. Don Dennis became involved in growing them, creating a large collection at our former premises (The Living Tree, Milland) and made four of the essences. When Heather DeCam became involved with the essence making with Don, the line was born. Over several years Heather and Don made 39 of the 50 essences together. Also two young members of the IFER staff became involved: Natalie Shaw and Don made 5 of the LTOE; and Dominic Jones made two of the essences with Heather. Peter Tadd contributed greatly to our understanding of the energetic qualities with his clairvoyant readings. But it was always the orchids that truly made the Living Tree Orchid Essences, and for their participation we will always be deeply grateful.



Living Tree Orchid Essence

Totem

15 ml / 0.5 fl. oz.

Living Tree Orchid Essence

Clearing the Mind
Self-Beheading

15 ml / 0.5 fl. oz.

Flower-Beheading
Dancing & Singing

Living Tree Orchid Essences



How to find the LTOE

The LTOE are available through a network of distributors around the world, as well as from the International Flower Essence Repertoire (IFER) in the UK. Here are contact details for some of our distributors as of August 2007.

USA: <http://www.SouthernHerb.com>

Germany: helmut-maier@flowerenergies.com

Italy: <http://www.spiritualremedies.it>

Austria: ewald_haider@yahoo.de

Spain: <http://www.nestinar.com>

Japan: <http://www.healingessence.jp>

*For UK orders & further details please contact:
IFER, Achamore House, Isle of Gigha, Argyll
PA41 7AD Scotland tel. 01 583 505 385
email: orchid@atlas.co.uk*



*photo courtesy of Kathrin Woodlyn Bateman
of the Flower Essences of Fox Mountain*

Living Tree Orchid Essences



Seminars

Each orchid essence is an embodiment of the profound consciousness of a particular orchid hybrid or species. To appreciate the depth of their being we recommend giving them time to communicate with you. One very helpful means of enabling that to happen is by attending our 4-day residential seminar, taught by Don, at Achamore House on the Isle of Gigha in Scotland. The 4 days are a journey of the spirit, and a healing & lightening process. The orchids invite you to experience their state of being, in the protective and nurturing environment of a beautiful house set in the midst of 52 acres of gardens. For more details please email us at: orchid@atlas.co.uk

With Gratitude

Several people played a role in the LTOE coming into being. Andreas Korte of Germany was the first person in the essence community to draw attention to the special energetic qualities of orchids, and how they act upon the chakras above the body. Shabd-sangeet Khalsa of the Dancing Light Orchid Essences pioneered the making of essences with orchids grown in greenhouses - and was also the person who helped Don to become interested in growing orchids. Peter Tadd provided invaluable perception and insight. Our thanks must also go to Drs. Barnao of the Living Essence of Australia for their development of a non-cutting method we incorporated into our own making process, and for their pioneering work with flower photo cards. Also to Don's parents Reid and Peggy Dennis for the camera that made all the difference. To Pierre-Loup DeCam for his help on label design & water chemistry. To Sabina Pettit, Daniel Mapel, Judy Griffin, Steve Johnson, Sandra Epstein, Gerard Wolf, Bram & Miep Zaalberg, Paolo Marciori, Kathrin Bateman, Oscar del Cerro, Ann & Barbara Callaghan, Star Riparetti and of course Tanmaya for the friendship & support over the years. Also to Dom & Natalie for joining the dance. Our thanks to Wendy Jones, Dr. Brito-Babapulle, Liz Kinsey, Carol Rudd, Anna Forsyth and the late Mo Rawlins as well as so many of our other wonderful friends & customers. Above all my deepest gratitude to Heather, who embodies so much of the light which the orchids wish to share with us. And lastly to Emma Rennie for her love and laughter and understanding. - Don

Living Tree Orchid Essences



Using the Cards

There are numerous ways to work with or use these cards. In effect they are tools for the intuition, and therefore we are certain that myriad uses are still to be discovered. But in quietly flipping through the cards on a given day, notice which cards seem to appeal to you most strongly, or create an especially strong response. Then read the information for that orchid, and you may see reasons why you were drawn to it. Work with that essence or essences for a few days or a week. Or have all the cards upside down on a table, and pick one or two with the eyes closed, and see what gentle wisdom the orchids wish to offer to you today.